

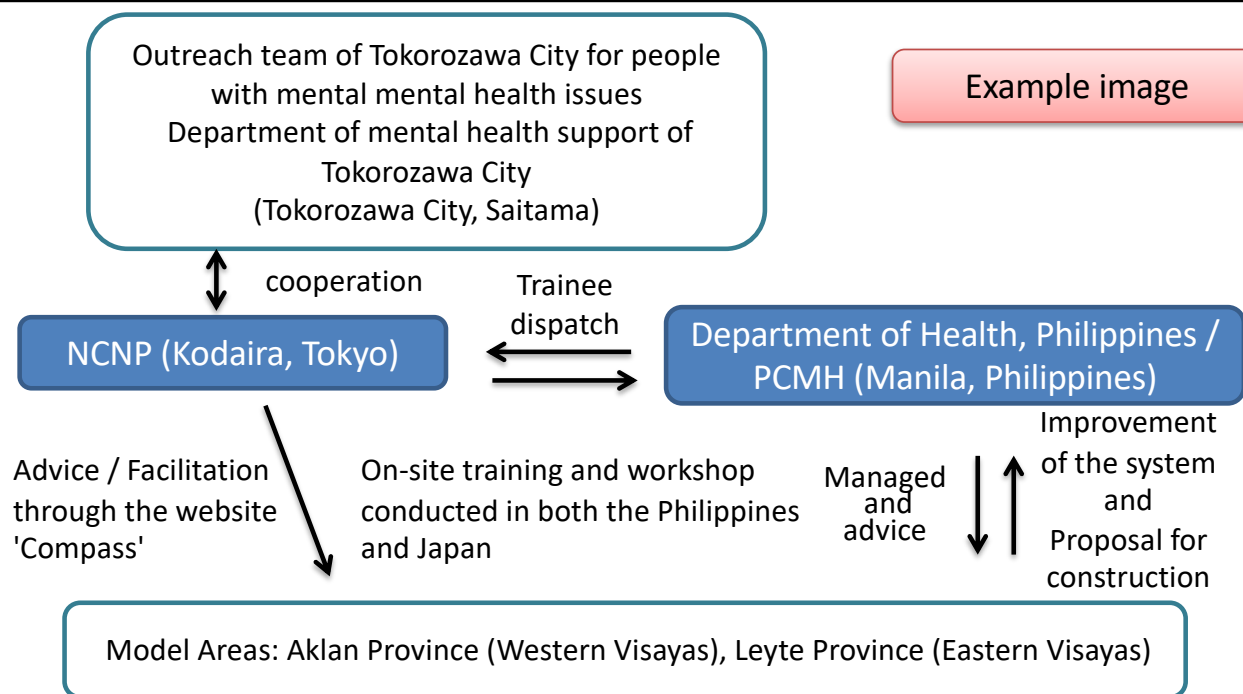
## The Promotion and Implementation of Community Mental Health Support in the Philippines

**Background and Needs:** In the Philippines, there is a growing emphasis on community mental health care, but professional support is underdeveloped and appropriate support is not provided.

**Objective:** To disseminate systems and programs related to community mental health support cultivated in Japan through training, field trips, and information exchange among community support practitioners

**Methods:** The Department of Community Mental Health & Law, NCNP, will collaborate with the Philippines Department of Health and the Philippines Council of Mental Health (PCMH) to conduct in-person training in both the Philippines and Japan on system building and case management related to community support. In addition, through an online platform, the Japanese side will support the social implementation of the training content provided.

**Expected outcomes and subsequent ripple effects:** By March 2027, the Department of Community Mental Health & Law, NCNP, aims to develop a manual for the in-person training method implemented in cooperation with the Philippines Department of Health and PCMH. The goal is to enable widespread implementation of training within the Philippines at a level equivalent to that provided in this project.



Example image

### <Schedule>

**Apr–Aug 2025** Online meetings (approx. 5 members from Japan and the Philippines) to consult on training contents in the Philippines

**Sep 14–18, 2025** Training program with PCMH that focused on group work to promote multi-sectoral collaboration in addressing various mental health challenges within the community. (6–8 members from Japan to participate)

**Oct 7–10, 2025** Japan-side training: Includes lectures at NCNP and field visits and discussions in Tokorozawa City on the community mental health system (7 members from the Philippines to visit Japan)

**Oct 2025 – Feb 2026** Online meetings on the implementation of training content, and consultation on the following year’s Japan-side training

**Apr 2025 – Feb 2026** Operation of the implementation support system: Interactive information exchange and implementation consultation through the website “Compass”