

Mental Health literacy Project for children and adolescents in the southeast Asian countries.

- Sixteen percent of Filipino children have some form of mental illness. In addition, Southeast Asian countries are facing similar mental health issues such as developmental disorders and game disorders, which are rapidly increasing in the world, and we would like to consider improving mental health literacy by conducting multilateral discussions.
- Based on the training on diagnostic techniques, pharmacotherapy, and psychosocial treatment of mental disorders specific to children and adolescents that has been conducted so far, a workshop on overall care and measures for child and adolescent mental disorders will be held for members of the Philippine Society of Child and Adolescent Psychiatry, staff of related, and educational personnel. **Information dissemination is essential to improve mental health literacy. Therefore, we aim to create videos that enable on-demand learning, disseminate information at medical conferences and forums, and publish the information as medical papers.**

