

Project to support regional collaboration with telemedicine and strengthen team medicine for a stroke center in northern Vietnam

- In Vietnam, non-communicable diseases account for 70% of deaths due to changes in lifestyle caused by the recent remarkable economic development. The leading cause is stroke, which kills about 100,000 people every year.
- Since 2015, NCGM has been working with Bac Mai Hospital (BMH) to introduce team medicine for stroke patients, establishing a patient registration system, developing swallowing assessment methods, conducting early rehabilitation, and introducing swallowing food with thickening agents. In November 2020, BMH established a stroke center. This year, we will strengthen the team medicine by providing training on registration of the stroke center, creation of clinical pathways, case conferences, early rehabilitation and swallowing angiography, swallowing adjusted diet, and related diagrams including pathophysiology. We will also develop textbooks and guidelines.
- Expected results: NCGM and the Stroke Center of BMH will conduct online meetings, trainings and seminars to contribute to improve the quality of stroke care and nursing in BMH by February 2023.

